Proteus mirabilis

Classification
Aerobic, motile, flagellate Gram-negative rod

Family
Enterobacteriaceae

Affected species
It is likely that most vertebrate species may be colonized by Proteus spp.

Frequency
This bacterium is ubiquitous in the environment and is considered a normal part of human gut flora. Unless specifically monitored for and excluded, many animals are likely to carry this organism.

Transmission
Unknown, but probably fecal-oral and environmental spread.

Clinical Signs and Lesions
Generally none. In mice with immune dysfunction, P. mirabilis has been described as causing sepsis. Proteus is a urease-forming bacterium and may be associated with urinary tract infections. Sporadic outbreaks reported in the literature have described pyelonephritis, splenomegaly, hepatic lesions, and fibrinopurulent exudate in the peritoneal cavity.

Diagnosis
P. mirabilis infection can be diagnosed by the isolation of the organism from lesions or affected organs. The organism grows quickly with a characteristic swarming pattern that tends to overgrow most other bacteria on the plate.

Interference with Research
In immunocompetent mice and rats, there is no known interference with research associated with the carrier state. In C3H/HeJ mice, which have a defect of the innate immune system, P. mirabilis has been reported to colonize the lung without producing clinical illness. Laboratories studying the organism or working with animals that will become immunosuppressed or undergo significant surgical alteration as part of experimental protocols may wish to have animals free of P. mirabilis. Animals that have become clinically ill are not suitable for use in research.

Prevention and Treatment
To prevent colonization of animals with P. mirabilis, the animals must be raised in strict bioexclusion housing, such as would be necessary for immunodeficient mice.

P. mirabilis is susceptible to most common disinfectants used in animal facilities. Any chemical or mechanical sterilant will also serve to remove P. mirabilis from the environment. Many human isolates of P. mirabilis are susceptible to the fluoroquinones (enrofloxacin is a common one in veterinary use) or trimethoprim/sulfa drugs. Treatment is not advised. Treatment of animals with antimicrobials may serve to treat illness, but rarely, if ever, resolves the carrier state, nor will antibiotic treatment eliminate bacteria from the bedding or cage surfaces. Thus, treatment is only recommended to ameliorate clinical signs or as an extra measure of assurance before rederivation. To obtain animals without P. mirabilis, animals should be rederived through embryo transfer or hysterectomy into/onto P. mirabilis-free dams.

References